

## MONOSKI EUROPE TRIP 2018

Hello fellow Monskiers. So, you heard a lot about the famous ski resorts in the alps. Maybe you have been to Europe and skied the Moguls in Les Grands Montets, enjoyed the view on the Matterhorn in Zermatt or had an insane Après Ski in Austria. And then you heard about the biggest Monoskigathering in the World: The Mondial du Monoski (and maybe of his little brother the Mono-Ski.org Meeting). After talking to a lot of people in the US at Monopalooza and in France at the Mondial, the idea of connecting all those famous spots and events into 2 weeks of Mono-Madness (with the possibility to extend the pleasure with 1 more week in Switzerland) was born. Here is the plan:

### Before Mondial in La Grave Sat. Jan. 27 – Thu. Feb. 1<sup>st</sup>

Like every year, a group of Monoskiers meet up in La Grave to ski before the Mondial du Monoski. First of all, it's a great opportunity to meet new people you will see again at the Mondial. Second: Hey, we're talking about LA GRAVE!!! Google it. Or have a look for example at this [Video](#).

Here's how it's described on the Homepage of [La Grave](#):

*„By exploring the domain of La Grave-La Meije, you are not in a typical ski resort. This is a real mountain environment as you head down in an unmarked, and non-patrolled area at your own risk. You must be aware of all mountain hazards including rocks, avalanches, crevasses, and be ready for the possibility of drastic weather changes. In 30 minutes, the cable-car (téléphérique) takes you to 3200m, where you can create your own itinerary for the descent. You can choose from vast glacial escapes to steep chutes, a world away from the marked trails, the ropes, and the signs of a ski resort. Let your skill level and your inspirations guide you. This freedom requires a certain technical level, but more importantly humility, responsibility, and respect for Mother Nature. For yours and everyone's well-being and piece of mind, you need to take certain precautions before heading out.“*

La Grave is a Freeride Village you will never forget. If you are unsure about skiing a whole day off piste, there are some other resorts close by. Serre Chevallier on the other side of the pass Col du Lautaret offers a vast area of slopes and (important in bad weather conditions) tree runs. Or there's Alpe d'Huez, not only known by cyclists for the climb over 1,860 m (6,102 ft) within 13.8 km (8.6 mi), with an average gradient of 8.1%, with 21 hairpin bends and a maximum gradient of 13%. There are also 249kms of slopes to explore and infinite off-piste possibilities. 84 ski lifts giving you access to 41 green pistes, 34 blue pistes, 40 red pistes and 16 black pistes. Also, very close in less than 30 Min. to reach is the Resort of Les 2 Alpes. It offers a vast ski area of 225 kilometres of signed pistes between 1,300m (Mont de Lans village) and 3,600m altitude (glacier which is connected with La Grave).

We're staying in the village of La Grave in good priced Hotels like Le Castillan or La Gîte le Rocher.

**How to get there:** Close Airports are Lyon Saint-Exupéry (LYS), Chambéry (CMF), Turin Cuneo (CUF), Grenoble (GNB) and Geneva (GVA). We can pick you up in Geneva on **Sat. Jan. 27. if you are there until 14.00**. Pick up in **Grenoble Train station 16.30**. See Transport Option below.

**How much will it cost per day/person in EUR:** Skipass 50, Hostel 25-40

## Mondial du Monoski 2018 Fri. Feb. 2. – Sun. Feb. 4.

So what to say? Biggest Monoski-Event of the world. Meet the world's fastest Monoskiers Patty Moll and Xavier Cousseau and try to break your Speed record on the closed run. Discover some great on- and off-piste with the locals. Participate at the derby or the slalom or the jump-contest or whatever they organise next year. Enjoy the Saturday evening party with local food and drinks (careful with the Chartreuse). Win awesome prizes. Meet some of the heroes of Apocalypse Snow. Test the newest Monoskis. Sell your old Monoski at the "Salon du Monoccasion" and grab yourself a rare model. Have some drinks on the slope. Talk to the producers. And most of all: Have a lot of fun.

Well here are some videos and pictures:

<https://www.youtube.com/watch?v=26z3XR7KU0w&feature=youtu.be>

<http://www.zapiks.fr/trip-monoski-before-mondial-.html>

<https://www.youtube.com/watch?v=v5fyzCNx2vA&feature=youtu.be>

<https://www.youtube.com/watch?v=Ng648PWskZ8>

<https://www.facebook.com/media/set/?set=a.1270429713048975.1073741831.927114820713801&type=3>

**How to get there:** If you are joining the Before Mondial, we will take care and transport you from La Grave to Le Pleyne 7 Laux. If you are traveling on your own, we recommend flying to Lyon Saint-Exupéry (LYS), Turin Cuneo (CUF), Grenoble (GNB) or Geneva (GVA). Example: Fly to Lyon Saint-Exupéry (LYS), take the train to Grenoble (EUR 25) and a taxi from there to Le Pleyne 7 Laux (EUR 100). Alternative: We can pick you up on Tues. Feb. 1. on Gare de Grenoble (main Trainstation of Grenoble) around 18.00.

**How much will it cost per day/person in EUR:** First of all, you have to become Member of the AFM (Association Française de Monoski). They charge you usually EUR 20, but it really is worth it: Free coffee and brioche in the morning, free skitest and very cheap skipass (around EUR 30). We will rent an apartment(s), because there are no hotels in the station. Expect EUR 30-40/person/night.

## Chamonix Mon. Feb. 5. & Tue. Feb. 6.

I hope, that you are not too tired after skiing in La Grave and partying at the Mondial. Anyway, if you have to travel back, we have to say goodbye on sun. feb. 4. Let's see, if we can give you a lift to Grenoble, otherwise you have to look for yourself. The way from Laux to Galtuer for the Mono-Ski.org Meeting is pretty far. Instead of spending a whole day in the car without skiing, it's better to shorten the drive and make a stop in Chamonix.

In Chamonix, we can ski Brévent-Flégère a small but very challenging Resort in Chamonix. Les Grands Montets is a 20 Min. Drive away from Chamonix in Argentière. Between 1'235m and 3'300m, the Grands Montets area enables you to ski the greatest height losses in the world in the heart of the mountains, close to a glacier. A Highlight will be the Vallée Blanche, starting from Aiguille du Midi. Depending on the snow and the weather, this is a one day trip with a guide you will never forget. In Chamonix, we will stay in very fair priced Hostel or B&B.

Best of all, Chamonix is the home of Snowgunz. So, if you have any questions or issues with your beloved Alpine Rocket or Flake Shot, I'm sure you will find the answer there. And the best thing is, we will have some guides who know the mountains like their pockets.

**How to get there:** When participating the Mondial du Monoski, we will drive you. Otherwise you have to look for yourself. There are frequent ski busses running from Geneva Airport or Lyon. Have a look here for [Lyon](#) (LYS) and here for [Geneva](#) (GVA).

**How much will it cost per day/person in EUR:** Surprisingly cheap. After several years, we know the best places to sleep. Well, it's a little bit Hippie-style and it helps to bring some earplugs. But for EUR 30 a night you can say nothing. Skipass is around EUR 60. For the Vallée Blanche we need a guide. This will cost you approx. EUR 50-70.

## **Mono-Ski.org Meeting 2018 Wed. Feb. 7. – Sun. Feb. 11.**

The annual Mono-Ski.org Meeting. Like in every even year, we will be in Galtuer. [Galtuer](#) is a village and ski resort in the upper Paznaun valley in Austrian state of Tyrol located in the Central Eastern Alps 35 km southwest of Landeck near the border of Vorarlberg and Switzerland.

We'll arrive Wednesday Afternoon from Chamonix. On our way through Switzerland, we are passing Zurich. If you're in ZRH on Wed. Feb. 7. we can pick you up @ latest 14.00. There's night skiing in Galtuer every Wednesday evening between 19.30 until 22.30 for less than 10 EUR. A great opportunity to ski at least something on that travel day or to have some drinks on the slopes.

The next four days will be packed with Skitest, skiing together in Galtuer or the famous Ischgl/Samnaun resort. A little gem is Kappl 20 Min from Galtuer, a stop of the Freeride World Tour. Galtuer may look small, but the great thing is, that you will always run into other Monoskiers. On the Faulbrunnalm we will have the stand with the test skis and it's a good place to have lunch or some early Apéro.

**How to get there:** When you haven't been to Chamonix, we can pick you up at Zurich airport on Wed. Feb. 7. @ 14.00. If you want to travel on your own, we suggest flying to Innsbruck Airport (IBK) or Zurich Airport (ZRH). You'll find some [more information](#) on the webpage of Galtuer.

**How much will it cost per day/person in EUR:** The skipass is approx. EUR 50, depending if you want to ski Ischgl/Samnaun or only Galtuer.

The trickiest part will be to find an accommodation. Galtuer is not that big, and a lot of the hotels and b&b's are only available for the whole week. Expect up to EUR 100/person/night incl. half board (so in the end pretty ok). But I will try hard to find something cheaper.

### Monoski Switzerland Mon. Feb. 12. – Sat. Feb. 17.

You travelled so far, why not maximise the benefit? Depending on how many interest, there's the possibility to ski in Switzerland. All resorts are pretty close by (within 2,5h drive)

#### Davos Mon. Feb. 12. & Tue. Feb. 13.

First of all, there's [Davos](#). Nestling in a unique mountain scenery, Davos is the highest town in Europe and also one of its largest winter sports areas. The ski resort consists of 5 mountains and offers varied slopes ranging from an altitude of 1,560 to 2,844 m. To be honest, two days won't be enough to discover everything. But you can be sure, that we will max the time. Don't be deterred what you heard or read about winter-prices in Switzerland, especially from Davos. There are some pretty good offers around for EUR 75 Hotel, incl. breakfast AND ski pass. At last, Davos is the place to go monoskiing because with [topsecret](#) we have a skishop on place who takes care of your skis (who could use a service after two weeks skiing).

#### Flims/Laax Wed. Feb. 14.

On our way to Andermatt we will pass [Flims/Laax](#). A ski resort inspired by American resorts. They have 224 kilometres of slopes, 4 snow parks and 28 ski lifts, 70% of which are situated at an altitude of between 2,000 and 3,000 metres. Let's see, if we ski there or go skiing another day in Davos or in one of the other resorts on the way. Ski pass in Laax will be EUR 70.

#### Andermatt/Sedrun Thu. Feb. 15 & Fri. Feb. 16.

Andermatt is one of my favourite. The ski resort [Andermatt Gotthard Oberalp Arena](#) is one of the most snow reliable places in Switzerland. Here in the Ursern Valley, the mountain passes of Gotthard, Furka and Oberalp meet. This means, (if it snows) they will receive it from every direction.

For freeriders and fans of steep slopes, **Gemsstock** (2961 m) above Andermatt is the prime terrain. It offers excellent, snow-sure conditions and its panoramic view will take your breath away.

On the other side of the village, you'll find the **Naetschen** with varying slopes, served by three chair lifts and one ski lift. It's also the sunny side of the village, where you can enjoy the view at the Gemsstock and have a nice glass of whatever.

The **Sedrun-Oberalp** ski area offers perfect runs for beginners and advanced skiers. The lifts connect the Oberalp Pass with the slopes of Dieni via Val Val. I will try to book us into a mountain hut on the Oberalp Pass (2044 m). The pass is closed in winter, but the train is running. This means we are right on the slopes and after the lifts have closed, there's an unique atmosphere. Such a quietness and clear view at the stars and the snow-covered mountains around you will stay in your mind forever. After breakfast, we will be the first to take the modern 6-pers chairlift to the 2350 m high Calmut, ski down into the Val Val and there take the chairlift to Cuolm Val at 2215 m. From the other side, a chairlift takes us from Dieni (1500 m) to Milez (1900 m). From there you ski down to Mulinatsch from where a six-seater chairlift takes you up to Cuolm Val. Then you have to decide: is it back to Dieni or on towards Oberalp?

### **Andermatt, Airport Zurich or Engelberg? Sat. Feb. 17**

Depending what plans you have, this is the day ~~you can choose~~, I will decide. If your flying back, **Zurich Airport** would be a good idea. But it's also possible to travel by train to **Geneva Airport** (count 5,5h for that).

Another possibility is to leave Andermatt on Fri. and drive to [Engelberg-Titlis](#). Well, I don't think I have to explain this resort to the Scandinavians. For all the others: The mountain's longest down-hill run covers more than 12 km and an altitude of 2,000 metres. Boasting 82 km of slopes, the Engelberg-Titlis ski area offers plenty of variety. The total route length for downhill skiing and snowboarding is 82 kilometres. The incline length (downhill route) is 55 kilometres. They guarantee fun in the snow from December through until April. Most pistes are snow-sure. Snow blowers are on hand to guarantee fresh, fluffy snow – even when the weather gods are not on our side – and skiing is possible up on the glacier from October through until May. The steeper slopes can mostly be found in the higher areas and on the glacier. The numerous red and black runs are sure to get your adrenaline pumping. When fresh snow falls, Titlis becomes a haven for freeriders. The ski area's special location offers a unique powder snow experience which is extremely popular for off-piste.

If the snow conditions are better in **Andermatt**, I suggest we ski there another day there. In the evening, we can travel back direction to Zurich.

**How much will it cost:** For the whole week, I think you should be fine with EUR 600 – 700 for hotel incl. breakfast and ski pass.

## Transport Option

Travelling with the whole Winter Equipment is ~~sometimes~~ always a hassle. Easiest way would be the rental of car. But returning the car at another station is often pricy. And when we arrived in the ski resort, you mostly don't need a car at all. First, we try to find Hotels and Hostels close to the Lifts so that we can walk to the Valley Station. Second, Public Transport is often the better solution, because it's cheaper and in some resorts even for free. Nice side-effect is also, that you can have a few more drinks at the Apéro... To make your trip as comfy as possible, I decided to rent a van (or two, depending how many people we are) and a spacious delivery-van to put all our gear in. This gives us the possibility to travel together, save money and to be sure to arrive on time at the next stage.

### Pickup Stops:

Sat. Jan. 27: **Geneva** Airport @ 14.00, **Grenoble** Train station @ 16.30.

Thu. Feb. 1<sup>st</sup>: **Grenoble** Train station @ 18.00.

Wed. Feb. 7: **Zurich** Airport @ 14.00.

If we can make the **extension week**, there are the following stops planned:

Sun. Feb. 11: **Landeck-Zams** train station @ 18.00 for those who have to travel back. Direct trains to Innsbruck (1h) and Zurich (3h).

Sat. Feb. 17: **Zurich** Airport @ 13.00.

If we can't make the **extension week**, we will transport you back to Zurich on

Sun. Feb. 11: **Zurich** Airport @ 20.00.

### What will the transport cost?

Well, of course it depends on how many people we are. The more the cheaper. To give you an idea, following the estimate costs:

EUR 30 Geneva Airport – La Grave

EUR 20 Grenoble train station – La Grave

EUR 25 La Grave – Le Pleyne 7 Laux (Mondial)

EUR 15 Grenoble train station - Le Pleyne 7 Laux (Mondial)

EUR 20 Le Pleyne – Chamonix

EUR 60 Chamonix – Zurich Airport

EUR 40 Zurich Airport – Galtuer

EUR 100 Monoski Switzerland

## Program

Sat 27.01.2018	<b>Arrival and Transfer to La Grave Before Mondial du Monoski</b>
Sun 28.01.2018	Ski <a href="#">La Grave</a> (Alternatives <a href="#">Serre Chevallier</a> , <a href="#">Alpe d'Huez</a> , <a href="#">Les Deux Alpes</a> )
Mon 29.01.2018	Ski <b>La Grave</b>
Tue 30.01.2018	Ski <b>La Grave</b>
Wen 31.01.2018	Ski <b>La Grave</b>
Thu 01.02.2018	Ski <b>La Grave</b> - Transfer PM to Mondial du Monoski
Fri 02.02.2018	<b>Mondial du Monoski</b> – Ski <a href="#">Les 7 Laux</a>
Sat 03.02.2018	<b>Mondial du Monoski</b>
Sun 04.02.2018	<b>Mondial du Monoski</b>
Mon 05.02.2018	Ski <a href="#">Chamonix</a> , <a href="#">Les Grands Montets</a> , <a href="#">Brévent-Flégère</a> and the famous Vallée Blanche from Top of the Aiguille du Midi
Tue 06.02.2018	Ski <b>Chamonix</b>
Wed 07.02.2018	Transfer AM to Galtuer, <b>Night ski</b> <a href="#">Galtuer</a>
Thu 08.02.2018	<b>Mono-Ski.org Meeting</b> - Ski <a href="#">Galtuer</a> , <a href="#">Ischgl</a> or <a href="#">Kappl</a>
Fri 09.02.2018	<b>Mono-Ski.org Meeting</b>
Sat 10.02.2018	<b>Mono-Ski.org Meeting</b>
Sun 11.02.2018	<b>Mono-Ski.org Meeting</b>
Mon 12.02.2018	<b>Monoski Switzerland</b> – Ski <a href="#">Davos</a>
Tue 13.02.2018	Ski <b>Davos</b>
Wed 14.02.2018	Ski <a href="#">Flims/Laax</a>
Thu 15.02.2018	Ski <a href="#">Andermatt/Sedrun</a>
Fri 16.02.2018	Ski <b>Andermatt/Sedrun</b>
Sat 17.02.2018	<b>TBD</b> Ski Andermatt, <a href="#">Engelberg</a> or Transfer to ZRH

## Price

All Costs are in Euro. They are approximate and represent 2016/2017. So they can probably change. Included are Hotel/Hostel incl. breakfast and sometimes half board.

<b>500</b>	<b>250</b>	<b>200 excl. guide</b>	<b>500 – 600</b>	<b>600 – 700</b>
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## What we can offer and organise for you

- Booking of Hotels, Hostels and B&B (mostly Double- or 4-Bed Rooms, sometimes Bunkbeds, almost no Single rooms available).
- Skipass.
- Membership of the Association Française de Monoski (necessary for participation of the Mondial du Monoski).
- Transport with Van between Skiresorts.
- Pick up Service at Airports Geneva (GVA) on 20.01.2018 @1200 and Zurich (ZRH) on 24.01.2018 @1200.
- Tour guides (mostly locals, otherwise it's me).

### **How to Participate**

1. Send an email until **Saturday September 2. 2017** to [event@mono-ski.org](mailto:event@mono-ski.org). Describe which part of the trip you are interested and how many people you are.
2. Everyone that is interested, receives some more information's about the reservation afterwards. I will charge something for the reservation of the hotels for the same conditions as the hotels.

If you have any questions, please send me an email at [event@mono-ski.org](mailto:event@mono-ski.org).

Best Regards

Remy Frommenwiler

### **Who am I?**

I am a Monoskier since more than more than 25 years and I live in Zug, Central-Switzerland. You'll find me during the winter mostly in Andermatt/Sedrun, Engelberg and Stoos. But I also like to travel to other ski resorts like A-Basin, Alagna, Beaver Creek, Chamonix, Copper Mountain, Davos, Flims/Laax, Galtuer, Geilo, Hemsedal, Hintertux, La Grave, Lenzerheide, Les Diablerets, Les Portes du Soleil, Livigno, St.-Anton, St. Moritz, Stubai, Telluride, Tignes, Trysil, Vail, Zermatt, and a lot more. I own my salary working for the town-planning department of Zug. In my free time, I'm organising the annual Mono-Ski.org Meeting, spend my time cycling, playing curling and organising my next (ski)holidays.